

# Education & Learning Impacts

5 provinces | 86 K-12 schools + Grants of up to \$10,000 = 86 farm to school salad bar programs...

...where students ate local and healthy food, participated in hands-on food literacy activities, and connected with local food providers, growers, chefs, knowledge keepers, public health professionals and many other community partners.

Between 2016-2020:



95% of schools reported students were more aware of and had greater knowledge about gardening, agriculture, and the environment

90% of schools reported students had improved knowledge of nutrition and healthy eating



89% of schools reported that students' food literacy skills had improved

86% of schools reported students had improved knowledge of the origin of their food



75% of schools reported the salad bar increased their capacity to produce food in their school garden and/or greenhouse

32% of students reported their focus in class had increased



26% of students reported they had more desire to be at school

“ When I first started doing the salad bar, I didn’t know how to cut onions. I didn’t know how to cut peppers or tomatoes and to me, it was just a really good learning experience...especially if I want to go and work in a restaurant one day. It’s been great for me. I’ve really loved being a salad bar ambassador and I’m really grateful for that.

**SECONDARY SCHOOL STUDENT**

“ The garden is a great opportunity for my class to be out there learning about local foods and then to take these foods and prepare them in my class. This makes the curriculum so much more relevant to the students.

**SECONDARY SCHOOL TEACHER**

“ We have started a District team and are connecting with other schools to grow food literacy from K-12. High school students in various courses are co-mentoring kindergarten students in food literacy activities, and we are regularly engaging in Indigenous learning through food with local First Nations communities.

**SECONDARY SCHOOL TEACHER**



*Farm to School: Canada Digs In! is a pan-Canadian multi-sectoral chronic disease prevention initiative.*



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