



*Transforming how food is experienced, learned and celebrated in all schools across Canada.*



# ***Dig In!*** **Seed Grants**

***Available now for the  
2023/24 school year!***

## **Announcing the Dig In! Seed Grants**

**In honour of back to school, we're excited to announce a NEW stream of school grants available for the 2023/24 school year.**

Valued at up to \$3,000 each, these grants are ideal for schools that are looking create positive change in their school food environment and to get started on a farm or local food to school journey.

**Applications are now open and will be accepted until  
October 27, 2023 at 11:59 pm (PST).**

**Learn more and apply here**



## Food Connects Features!

### Celebrating school food champions across the country

In the spring, we announced “Food Connects Features” a series of profiles that celebrate the people who help make vibrant school food programs possible for students in Canada.

We’re excited to share the first three champion profiles in this series! Meet 3 inspiring women, and learn about the work they do in their communities through the links below.

[Dawn Guenette](#) (Coldstream, BC)

[Emily Doyle](#) (St. John’s, NL)

[Véronic Poisson](#) (Val-des-Sources, QC)

Thank you to everyone who submitted a nomination!

We are continuing to follow up and create new features, so if your nominee hasn’t been featured yet, please stay tuned.

**Do you want to see a school food champion  
from your community featured?**

[Submit a nomination](#)

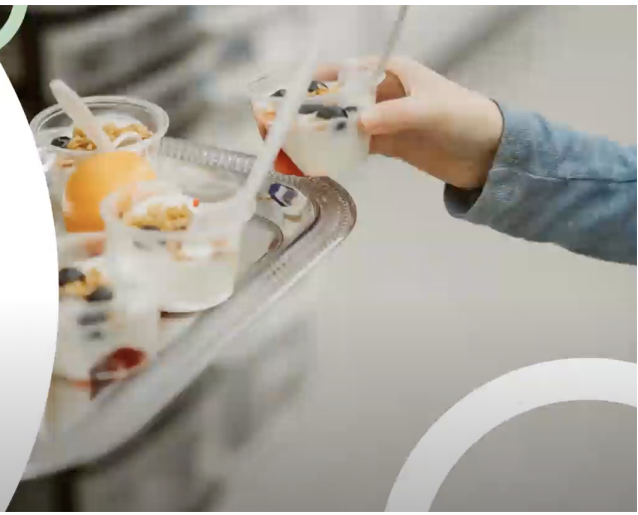
## New Resources

May 26 2023 | 1:00 - 2:00 PM

## Feeding 40 to 400:

*Lessons learned from  
school cafeterias*

THE COALITION  
FOR HEALTHY SCHOOL FOOD



### Feeding 40-400: Lessons learned from school cafeterias

Are you looking for ideas and inspiration to transform your school snack or meal program? In May, Nourish Nova Scotia's Executive Director, Lisa Roberts, hosted a conversation with 2 school food innovators, Indira Persaud and Jenny Osburn.

[Hear what they had to say](#)

### Growing Food on the Land in Indigenous School Communities

Are you interested in learning how school food programs are engaging their students in food forests and growing food on the land?

Check out the recording from the Indigenous School Food Circle's latest webinar.

# Growing Food on the Land in Indigenous School Communities

Presented by:



INDIGENOUS  
SCHOOL FOOD CIRCLE



THE COALITION  
FOR HEALTHY SCHOOL FOOD

[Watch or listen now](#)

## Reflections and resources on ReconciliACTION in School Food

Encouraged by the desire of non-Indigenous school food community members to have a space to convene, share and learn together on their journeys to Truth and Reconciliation, at the beginning of 2023 F2CC embarked on a new knowledge-sharing activity: the Cultivating ReconciliACTION in School Food Programming virtual 3-part pilot series.



Our summary blog post shares an overview of the series including the materials and resources that were explored as part of it, along with lessons learned and what's next.

[Read the post](#)



**Map the change you want to see in school food!**

**In as little as 5 minutes, YOU can help inform school food program and policy development in Canada!**

By registering on Canada's School Food Map, you're helping to document activities happening across Canada to transform how food is experienced, learned and celebrated in schools.

If you represent a school, community organization, farmer or other local food producer, then you can register on the map!

[Register now!](#)



**Mark your calendar for  
farm to school month!**

### **Join us in October as we celebrate Farm to School Month**

Farm to School Month in Canada takes place every October and it provides opportunities to:

1. Showcase the diversity of ways farm or local food to school activities come to life in different communities.
2. Celebrate the impacts of farm to school, and the people who make it possible.
3. Set the stage to explore a relevant theme for the duration of the school year.
4. Encourage more school communities to get involved!

Last year we announced the Farm to School Month theme of **"Food Connects"** in celebration of the power of food to connect us to the world around us. With so many areas of connection to explore, we're continuing this theme in 2023/24 school year.

[Learn more](#)



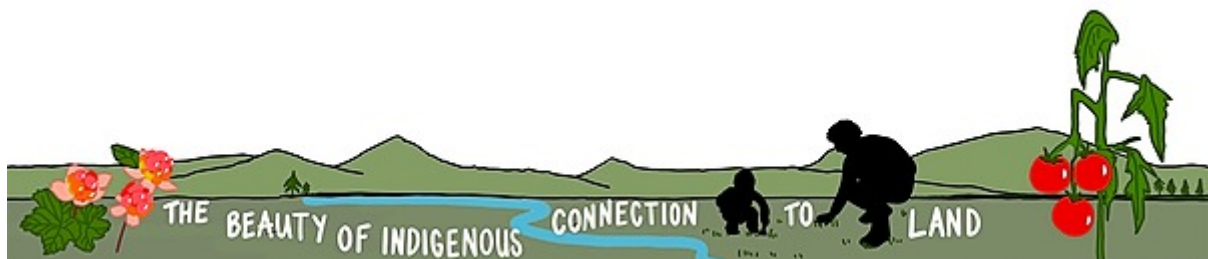
## 10 Ways to Get Involved!

**Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!**

[Get Involved](#)

[Donate](#)

*Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our [Nourishing Relations](#) page. To learn the traditional territories on which our individual team members are located, please visit our [team page](#).*



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