



**Partnering to bring healthy,
local and sustainable food
into public institutions.**



Food Connects!

Celebrating Farm to School Month 2022

**Food has the power to connect us
to so much of the world around us.**

[Farm to School Month](#) in Canada takes place every October and it provides opportunities to:

1. Showcase the diversity of ways farm or local food to school activities come to life in different communities.
2. Celebrate the impacts of farm to school, and the people who make it possible.
3. Set the stage to explore a relevant theme for the duration of the school year.
4. Encourage more school communities to get involved!

In 2022, our theme is Food Connects and we love this theme because the [Farm to School Approach](#) is all about making connections: to food and where it comes from, to hands-on learning, and to the broader community.

Throughout October and for the rest of the 2022/23 school year we'll be hosting conversations and sharing resources and stories that explore this theme.

Join us in celebrating how food connects!

[Learn more](#)



INDIGENOUS SCHOOL FOOD CIRCLE

Indigenous School Food Event Series

Farm to Cafeteria Canada is proud to be a co-host of a series of events in October on school food programs in Indigenous communities and for Indigenous students:

October 12 – Serving Traditional Indigenous Food in Schools Webinar

October 16 – First Comes Food: A Podcast by Canadian Feed the Children

October 27 & 28 – Come to the Table: Exploring School Food Together

These events will all be held in English.

[Learn More](#)



Recap of Canada Digs In!

Five Years of Partnerships, Resources and Impacts

We're thrilled to share the impacts of our Farm to School: Canada Digs In! Initiative with our Report 2022.

This [interactive report](#) highlights the impacts that Canada's first national farm to school initiative has had on school communities, celebrates the champions who made the work possible, shares practical resources, and points to rich stories of farm to school initiatives across Canada.

The report includes links to [practical resources](#), Canada's first ever [Farm to School Evaluation Framework for Canada](#), our [Nourishing Relations](#) initiative to explore how our mandate, operations and institution can better include, reflect, honour and amplify Indigenous voices, perspectives, values, and ways of knowing, and more.

[Read the full report here!](#)



New to farm to School or looking for inspiration?

We have easy to use resources for everyone!

No matter where you're starting from, everyone can play a role in shaping how students access and experience food in schools. And what better time to start than during Farm to School Month?

Whether you're thinking of starting your journey or are well on your way, our Resource Centre has something for everyone, and it's always growing.

[Check out our Resource Centre!](#)

Did you know?

Local Food to School

“**Local Food to School**” is a term that may be used interchangeably with “Farm to School” to reflect a broader range of food systems unique to each community. Within this definition, “local food” can include seafood, game and other wild foods that connect schools with fishers, Elders and other knowledge keepers who can harvest and prepare these foods safely and in a culturally meaningful manner.

[Learn more](#)



10 Ways to Get Involved!

Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!

[Get Involved](#)

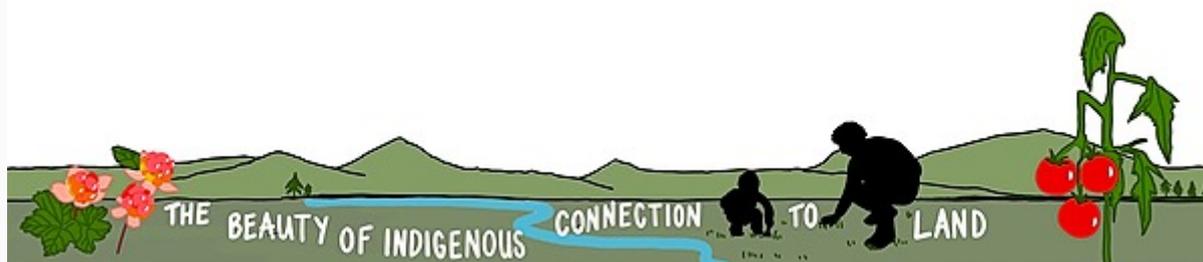
Stay connected!

Join our [Facebook Group](#) to stay connected to stories about farm to school as well as stories that touch on the many facets of food systems. You can also pose questions and share resources. We are also on [Twitter](#).

If you know a colleague or friend who would like to know more about our farm to school work, invite them to [sign up here](#).

Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and

play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our [Nourishing Relations](#) page. To learn the traditional territories on which our individual team members are located, please visit our [team page](#).



Do you have a story to share for the next edition of our newsletter?
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