

Transforming how food is experienced, learned and celebrated in all schools across Canada.















# **An exciting announcement from our Executive Director**

Recently, I've found myself reflecting a lot on change. And, when it comes to school food systems in Canada, more than any other time, I'm seeing momentum build for something different. Parents and guardians, food providers, educators and other school food champions are working hard to create school food environments that are healthier for their students, communities and the planet.

In keeping with this theme, I'm pleased to announce an exciting change in our own organization: Farm to Cafeteria Canada is now a Registered Canadian Charity which means that we're in an even better position to support the work to transform how food is experienced, learned and celebrated in ALL schools across Canada! <u>Learn more</u>.

We invite you to make an inaugural donation to Farm to Cafeteria Canada as we step into an exciting new chapter as a charitable organization. We have a vision for food systems that nourish people and the planet, and we believe strongly that supporting school food systems can lead to lasting change.

### **Help Nourish Change in Schools!**



We are stronger with many voices and everyone can play a role in shaping how students access and experience food in schools. In addition to making a gift of any size, in this newsletter, we're excited to share two more important ways that you can join us in nourishing positive change in schools. This includes mapping the change you want to see by getting on Canada's new school food map and sharing it with your networks, and completing the Government of Canada's public survey on building a National School Nutrition Policy.

Thank you for being part of the Farm to Cafeteria Canada community! It's an honour to work with change-makers across the country who share our vision and mission. Together, the positive change we're making in school food systems today benefits our leaders of tomorrow. The future is bright.

Wishing you and yours a safe and happy holiday season.

Jesse Veenstra

Jesplowisha

Executive Director, Farm to Cafeteria Canada



## Map the change you want to see!

In October we shared the launch of a NEW map for school food in Canada, and we need your help to put school food on the map! If you represent a school, farm or other local food provider, or community partner in local food systems the map is for you!

#### Top 3 reasons to get on the map

If you're a school, getting on the map will let you:

- 1. Share/celebrate your school's efforts
- 2. Help other schools connect with you
- 3. Contribute to the national data of school food activity in Canada that will help inform program and policy development

If you're a local food provider or other community partner, getting on the map will let you:

- 1. Communicate what you can offer to schools and other partners working in this area
- 2. Find schools to connect and share your services with
- 3. Contribute to the national data of school food activity in Canada that will help inform program and policy development

#### Our big goal is to get:

**500 entries** by the end of 2022 and get **up to 1500** by the end of the 2022-23 school year.

Take 10 minutes now to help map the change you want to see in school food!

**Register Now** 



# Have your say on building a National School Food Policy!

#### **Deadline December 16th**

Until December 16th, the Government of Canada is seeking public input to hear about experiences and views on school food programs and the most important objectives for a school food policy. What they hear in this process will help inform the building of a national school food policy, and could help guide the expansion of school food programs in Canada.

We encourage federal, provincial and territorial governments to support school meal policies and programs that set **targets for local and sustainable procurement** AND **embed hands-on food literacy** opportunities for students. We know from our work here at F2CC that the <u>Farm to School Approach</u> gives students more opportunities to learn about the food system around them and to become involved in what's served in their school. This makes students more likely to try new foods, become more excited about healthy eating and develop food literacy skills for a lifetime of healthy eating.

To have your say on a national school food policy, visit the <u>consultation web page</u>, read the discussion paper and share your views by December 16, 2022.

Looking for some guidance?

- Join the "Amplifying Our Voices" Workshop to be held on Monday December 12, 2022 between noon and 1pm EST. Hosted by the Coalition for Healthy School Food, this interactive workshop will allow people to complete the form during the session or to complete it by their organization at a later time. Register here.
- · Learn about the evidence and impacts of farm to school
- Check out the Coalition for Healthy School Food's Guiding Principles.



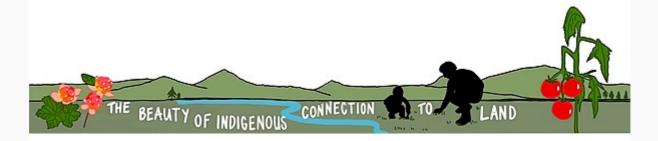
### 10 Ways to Get Involved!

Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!

**Get Involved** 

Donate

Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our Nourishing Relations page. To learn the traditional territories on which our individual team members are located, please visit our team page.



For news between issues, follow us on













Copyright © 2022 Farm to Cafeteria Canada, All rights reserved. You are signed up for the F2CC mailing list. You can <u>unsubscribe here</u>.

Has this newsletter been forwarded to you? Subscribe here!

Farm to Cafeteria Canada Society is a Registered Canadian Charity #738633601RR0001.