



PROVIDING HEALTHY FOOD
Purchase, prepare and serve healthy local foods for programs and celebrations that are appealing and enjoyable to eat

PROGRAMMING
Deliver food and nutrition education and skills based programming that is hands-on, simple, practical, fun engaging and appealing

STAFF TRAINING & ROLE MODELLING
Provide staff with appropriate training to be knowledgeable of the rationale, importance, and application of the framework

COMMUNICATION & OUTREACH
Ensure children, families, staff and community partners are aware of and understand the healthy eating framework, how it integrates into the overall program and all relevant policies

POLICY
Utilize healthy eating policies to guide the quality and consistency of program elements and provide a rationale for program decisions

MONITORING
Monitor program activities to track progress to identify what worked well and address what did not



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