

# Salisbury Elementary





Tuesday, 9 June, 15



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# Benefits of School Gardens

- ✓ Increases academic achievement.
- ✓ Creates a positive outdoor learning environment for teachers and students.
- ✓ Serves as a valuable tool in educational engagement, curiosity and real world curriculum links.
- ✓ Increases children's consumption of fresh fruits and vegetables.
- ✓ Enhances psychosocial development of youth (ie, developing life skills, connecting to their community, develop outdoor interests).

*Contributed by :The benefits of Farm to School, National Farm to School*

# Sharing the Bounty





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# Community events





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# School Collaboration





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# Sharing our harvest with Helping Hands, Daycares, Seniors, Culinary Arts and after





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# Stone soup event



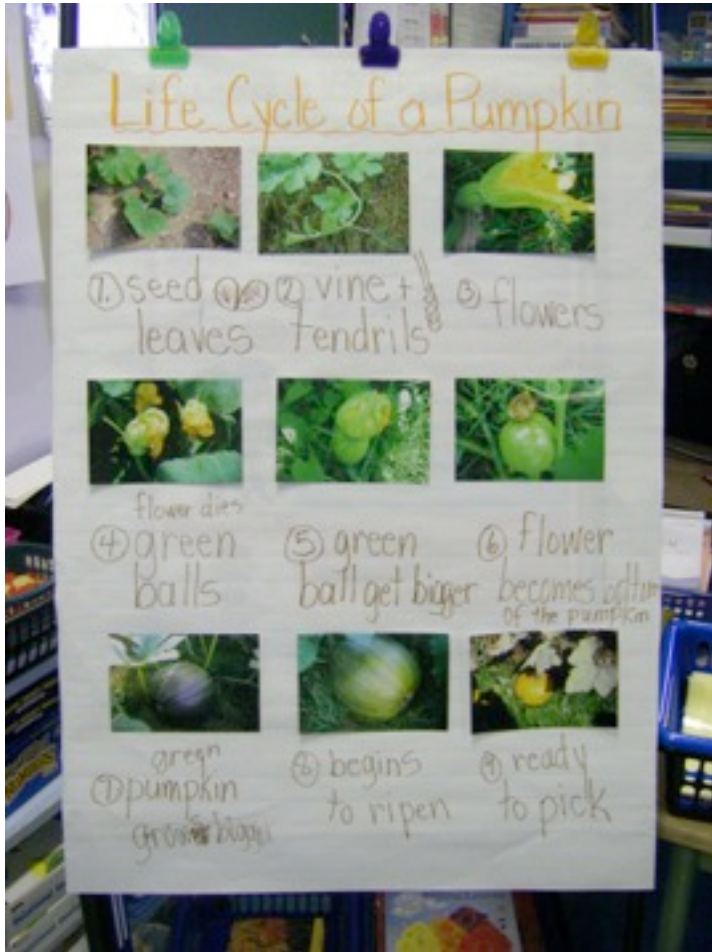


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# From our pizza garden



# Curriculum links





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# Next Step: Farm to Cafeteria



*To increase access to healthy, local and sustainable foods on school premises*

The objectives are:

- To increase fruit and vegetable consumption amongst participating school children;
- To increase student knowledge about the local food system, local foods, food and culture, and nutrition;
- To enhance student skills in the areas of food production, processing, and handling;
- To strengthen health, farm, school, and aboriginal partnerships;
- To strengthen the capacity of the local food system; and
- To create a sustainable best practice model that has potential to be replicated elsewhere

*Farm to Cafeteria*



**REALLY LOCAL  
HARVEST**







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When a Farm to School program is offered:

## **Health Benefits**

- ✓ Promotes healthy eating habits, including increased consumption of vegetables and fruit.
- ✓ Promotes a positive relationship with food.
- ✓ Addresses issues of inequity in access to healthy food.
- ✓ Improves food knowledge and skills (food literacy).

*Contributed to Farm to School newsletter.*

# Education

- ✓ Develops opportunities for flexible, place-based learning and curriculum links.
- ✓ Develops individual food skills.
- ✓ Assists schools in taking a whole school approach to food.
- ✓ Creates more green, sustainable schools.
- ✓ Promotes school and community connectedness

# Agriculture

- ✓ Develops local markets for farmers.
- ✓ Inspires the next generation of farmers.
- ✓ Links schools to regional food systems.
- ✓ Creates new models and structures for regional food distribution.

*Contributed to Farm to School newsletter.*

# Environment:

- ✓ Reduces food miles.
- ✓ Provides opportunities to grow a new generation of environmentally conscious citizens with a stronger connection to the land and water.

*Contributed to Farm to Cafeteria newsletter.*

# Economy

✓ Contributes to the local economy.

\$2.16 economic activity generated for every \$1 spent

✓ Creates new jobs.

Each new farm to school job contributes to the creation of 1.67 additional jobs

*Contributed to Farm to Cafeteria newsletter.*



# farm to school

## Vision

WELLNESS

health  
skills  
curiosity  
experiential  
life choices  
fun  
sharing

family support  
volunteers  
community  
belonging  
needs  
nutrition

Sustainable  
Supportive community  
Network  
Environmentally aware  
Inclusive  
Economic development

# How can you help?

Volunteer:

- School Salad Bar Coordinator
- Participate on the Farm to School committee
- Help prepare fruits and vegetables
- Help serve fruits and vegetables
- Help clean up
- Let us know your ideas!