



## **Farm to School Webinar Series: The Nuts and Bolts of a Farm to School Salad Bar Program**

**Date: December 3, 2014    Time: 3:30-4:30 (AST - Atlantic Standard Time)**

Join our Farm to School leaders as they provide their insights and perspectives into running a successful Farm to School Soup and Salad bar program.

### **Learning Objectives:**

- To share the best practices of running a Farm to School self-serve soup and salad bar program including the following topics:
  - Nuts and Bolts of running the program (staffing, menu ideas and portions)
  - Financial considerations and ideas on how to keep the food budget balanced
  - Food safety considerations
- To share insights into facilitating communication between schools, local farmers and food service providers
- Provide tips on engaging and managing student and parent volunteers

### **Meet Our Presenters:**

- Rick Miller is the principal at Mountainview Elementary School in Williams Lake British Columbia, one of the first schools in Canada to implement a Farm to School Soup and Salad Bar program. Drawing upon 6 years experience, he will share insights about operationalizing a successful and sustainable program
- Arzeena Hamir is an organic farmer and helped to launch a successful Farm to School salad bar program at Huband Park Elementary School in Courtenay British Columbia. Arzeena will provide insights about the secrets to program success from a food supplier and parent perspective
- Joanne Bays is the National Manager of Farm to Cafeteria Canada, Kelsey Wilson is the Provincial Coordinator of Farm to School New Brunswick and Sarah Ferber is the Provincial Coordinator of Farm to School in Newfoundland and Labrador. Together they will provide a snapshot of programs, partners and panellists.

**To register (limited availability) visit:** <https://www.eventbrite.ca/e/farm-to-school-webinar-nuts-and-bolts-of-a-school-salad-bar-program-tickets-14359731343>

### **Background:**

This is the first session of a new Farm to School webinar series hosted by [Nourishing School Communities](#) in partnership with [Farm to Cafeteria Canada](#) the lead national organization championing farm to school programs and [New Brunswick Food Security Action Network](#) and the [Food Security Network of Newfoundland and Labrador](#), the lead provincial organizations championing Farm to School programs. The Nourishing School Communities Initiative is a collaborative, evidence-based initiative that aims to get healthy and local foods into the minds, onto the plates, and into the tummies of school children across Canada. We are engaging many partners in this process - from school children, parents, teachers, principals, school meal providers, farmers, after-school providers, First Nations communities, researchers and policy makers. Together we are supporting important changes to school food environments, changes that aim to shift policies and practices in a way that makes access to healthy local foods easier and fun.

Nourishing School Communities initiative steering committee members include: the Heart and Stroke Foundation, Farm to Cafeteria Canada, YMCA Canada, Federation of Saskatchewan Indian Nations, Lunch Lady, University of New Brunswick and Propel Centre for Population Health Impact.