

5 provinces | 86 K-12 schools + Grants of up to \$10,000 = 86 farm to school salad bar programs...

...where students ate local and healthy food, participated in hands-on food literacy activities, and connected with local food providers, growers, chefs, knowledge keepers, public health professionals and many other community partners.

Between 2016-2020:

87% of schools reported the salad bar created a greater sense of vibrancy and excitement in the school

87% of schools reported they had increased connections, partnerships and participation within the school and the broader community including with Indigenous communities, local farmers and chefs, other schools, neighbouring preschool programs and seniors residences, and groups such as the local Boys & Girls Club

36% of students reported better friendships

33% of students reported that their confidence had increased

32% of students reported that their focus in class had increased

26% of students reported that they had more desire to be at school

“ We have now been able to ‘mentor’ several other schools in our broader community as they’ve started their own salad bar journey. This funding has had quite a ripple effect in our region. **PARENT**

“ This has also provided leadership opportunities for our older students, who have taken pride in facilitating our salad bar days for younger students. **K-8TEACHER**

“ The cafeteria has become a ‘community’ within our school, providing a place for many kids to now come hang out and have good food. **K-8TEACHER**



ALIMENTS DU QUÉBEC, QC

Farm to school supports student wellbeing and community connectedness.

Farm to School: Canada Digs In! is a pan-Canadian multi-sectoral chronic disease prevention initiative.



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