



Nourish Local Food Lunch Toolkit

This spring we were pleased to partner with Nourish Nova Scotia to develop a *Local Food Lunch Toolkit* to help schools and families serve up healthy, delicious and easy-to-make recipes. Available in English and French, the toolkit is the first of its kind and has been designed specifically with busy food service professionals in mind.

We love that the toolkit provides detailed but flexible instructions and that it offers ideas for substitutions, considerations for allergies, and tips to allow student choice with the 'create your plate' feature. The toolkit even has curriculum connections!

[Access the blog post and toolkit](#)



Evaluation Framework

IT'S HERE!

Thanks to the contributions of over 140 participants F2CC is thrilled to share the Farm to School Evaluation Framework for Canada.

The framework articulates 18 outcomes, 9 high-priority policy or community level indicators and 11 high-priority indicators that people have said that they want to see measured at the school level relating to 4 impact areas: Public Health, Education, Community Economic Development and the Environment. It then shares a full list of 45 priority indicators as well as other indicator ideas that people wanting to evaluate their programs can select from.

Access the framework



The Recipe for *Local and Environmentally Responsible Food Procurement* in Quebec Institutions

Équiterre, our partners in Quebec, developed a tool to encourage Quebec institutions to choose local and environmentally responsible food procurement!

The Recipe for *Local and Environmentally Responsible Food Procurement in Quebec Institutions* is a practical tool to inspire institutional food actors to adopt sustainable and exemplary food procurement practices.

The tool is made up of fact sheets for the childcare, school, CEGEP, university, workplace, and healthcare sectors.

[Learn more](#)



Advancing the United Nations Sustainable Development Goals through Farm to School

Want to learn about how farm to school programs address and achieve the UN's Sustainable Development Goals?

Food Secure Canada's paper, *School Food and the Sustainable Development Goals: A pathway to meeting multiple goals and targets*, offers a detailed analysis of how school food can contribute to meeting all 17 SDGs — nine directly and eight indirectly.

[Read our post on the Food Secure Canada's Paper](#)

Meet Our New Advisory Council

In March, we issued a call for Advisory Council members to guide F2CC into its next chapter. And wow did this community respond! We'd like to extend our utmost thanks to all who applied.

It is now our pleasure to announce that we have welcomed 15 new Advisory Council members.

This group of unique and inspiring individuals from across the country brings valuable skills and experiences and we're excited to introduce them!

[Meet our Advisory Council](#)



Mark your calendars - October is Farm to School Month!

Farm to School Month is a chance to celebrate farm to school / local food to school activities happening across Canada, and we would love you to participate!

This year we'll be celebrating the theme of land-based learning. Follow along on social media as we share inspiring and impactful stories, resources and more.

More info coming soon!



10 Ways to Get Involved!

Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!

[Get Involved page](#)

Impacts of Farm to School

EDUCATION & LEARNING



"The garden is a great opportunity for my class to be out there learning about local foods and then to take these foods and prepare them in my class. This makes the curriculum so much more relevant to the students."

Secondary School Teacher

Learn more about the impacts of farm to school!

Stay connected!

Join our **Facebook Group** to stay connected to stories about farm to school, farm to campus stories as well as stories that touch on the many facets of food systems. You can also pose questions, share resources. We are also on **Twitter**.

If you know a colleague or friend who would like to know more about our farm to school work, invite them to **sign up here**.

*Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our **Nourishing Relations** page. To learn the traditional territories on which our individual team members are located, please visit our **team** page.*

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