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Happy Farm to School Month, Canada!

Farm to School Month Canada E-Brief, Issue 2, October 24, 2016



farm to
School
MONTH
Canada

Think &
Eat Local
@ School
October 1-31, 2016



Canada's 3rd annual Farm to School Month Campaign has been gathering steam this October as stories pour in from across Canada.

Our second edition features stories from Alberta, Quebec, Haida Gwaii, Newfoundland/Labrador and New Brunswick! Join us as we celebrate these schools and many others who are working towards getting more healthy, local, and sustainable foods into the minds and onto the plates of students!

As a reminder, our theme this year is:

#ThinkandEatLocalatSchool

Here's how to get your preschool or school involved!

Celebrate Farm to School in October by engaging your students in **any** activity to get more healthy local food on their minds or on their plates. Farm to School celebrations can occur in the school garden, cafeteria, or classroom. They can also occur in the community — on a farm, in the kitchen, or in the forest.



Then send us a photo and a **500 word story describing your celebration**. Tell us how students were THINKING & EATING Local at School - between October 1st to 31st. **Schools and preschools that complete a registration form will have an opportunity to win 1 of 3 Farm to School grants, valued \$1500 Cdn each!**

To register your Farm to School Month Canada celebration , click here:

Farm to School Month CANADA 2016

Kicking it Up a Notch!

Farm to School Stories From Coast to Coast

ALBERTA

Grow Your Own Soup:

CBC Features Calgary's Edible Schoolyard



QUEBEC

Montréal Daycares are Putting Local Foods on the Menu!



Throughout the Montréal area (a large agricultural region south of Montreal, in the Province of Quebec), daycares are committed to local, sustainable food. Whether through regular sourcing of local products, direct connections with organic farming families or the development of learning gardens and educational activities, these daycares are teaming with stories and ideas to help children eat healthy, local, organic foods. [READ MORE](#)

HAIDA GWAI

Transforming the Systems That Feed Our Kids



The drive to get the local harvest in the minds and mouths of students is gearing up during Farm to School Month in Haida Gwaii an archipelago islands off the Northern BC coast.

"Haida Gwaii is surrounded by good food and rich traditions of eating from the land and the sea and the fall is when local food is in abundance and students are rolling up their sleeves to preserve it for the winter.", says Kiku Dhanwant, Local Foods to School Learning Circle Coordinator.

The way the islands have come together to transform the systems that feed their kids is beautifully illuminated in a new 8-minute documentary video released by Farm to Cafeteria Canada – *Local Foods to School: Reconnecting the children of Haida Gwaii to their land and their food.* [READ MORE](#)

NEWFOUNDLAND AND LABRADOR

Farm to School Gathers Steam at Newfoundland and Labrador's First Provincial School Food Gathering



Farm to School Month had a fantastic launch in Newfoundland and Labrador as educators, health professionals, representatives from school food suppliers and other leaders gathered in St John's for a historic event - the first ever provincial school food gathering. [READ MORE](#)

NEW BRUNSWICK

Local Food and Beverage Strategy Aims to Put More Local Food on School Plates



Imagine Farm to School in every school? On October 19, 2016 that vision moved closer to fruition in New Brunswick with the release of a new Local Food and Beverage Strategy. The strategy developed by the NB Ministry of Agriculture, Aquaculture and Fisheries specifically supports the "evaluation and development of a model for local food procurement in all public schools, aiming for a medium-to-long-term target of 30% local food".

The full press release plus a copy of the Local Food and Beverage Strategy may be found [HERE](#).

Every Story Counts



Every preschool or school that registers for their Farm to School Month Canada celebration appears on our [National School Food map](#). As the numbers grow on this map, policy makers, funders, researchers, practitioners and other school food change makers are taking notice.

Help us inspire Farm to School Month celebrations across Canada! **Please share this e-brief through your networks and e-platforms, and directly to schools, farms, parents and students friends and colleagues.** If you like to tweet, please use this hashtag: #thinkandeatlocalatschool

Thanks!

Tracey O'Neil, National F2SM Canada campaign lead



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