

Canada Healthy, local and sustainable food in all public institutions









Students Driving Change to On-Campus Food Systems – *New Web Page!*

Some university and college campus cafeterias are getting a makeover and it's not the decor. Students, administrators, suppliers, farmers and other players are applying the Farm to School Approach to help grow the farm to campus movement and make positive change to their food systems.

Our new web section features stories from post-secondary institutions where students are championing change.

Simon Fraser University
University of Victoria
McGill University
University of Waterloo - St Jerome's

Humber College
Ryerson University
University of Toronto

Students are often driving the change through activities such as food purchase audits, launching Meal Exchange Chapters, and working with food service providers.

The new web page also includes resources, describes initiatives like the on-campus Good Food Challenge that universities can pledge to, as well as access to Farm to Campus case studies.

Case Study







Going Local Consultant Report: Farm-to-Campus Relationships at Canadian Universities

Going Local: Food Procurement on Campus

The popularity of local food and sustainable agricultural practices has grown since the early 2000s. But despite the growing demand for fresh, local and sustainable food, the reality is that most of our food still comes from industrial processes and from other countries. On-campus initiatives like Meal Exchange's Good Food Challenge are trying to create a healthier, just and sustainable food system.

« Going Local : Farm-to-Campus Relationships at Canadian Universities » is a report that explores a series of local food procurement efforts at six Canadian universities. It includes recommendations and best practices to help those working towards incorporating local food into their procurement practices.



Quebec School-Based Food Procurement Model Ready for Scaling

In Quebec, the buzz surrounding local food is growing, not only among citizens and institutions, but also within the provincial government. The province has been promoting healthy, local and sustainable food in public institutions for several years. A new case study posted to our website is adding to the conversation about the procurement practices of Quebec schools.

In 2018, nine Quebec schools received grants of up to \$10,000 as part of the Farm to School: Canada Digs In! (F2SCDI) Initiative. Read how these schools brought in healthy and local food, provided hands-on learning and connected with their communities. The results from the first cohort of grantees offer inspiration for other schools looking to increase their local food purchases and contribute to more resilient and sustainable local food systems. MORE



Learning about Food at Home: Resources in the time of COVID-19

While COVID-19 calls for physical distancing, more than ever the world is socially connected, and a hot topic of conversation is food.

The pandemic has ramped-up a growing movement in civil society to rediscover and reclaim food systems. Institutions like schools are front and centre because of the essential role they play in providing students and whole communities with access to healthy food. Schools can also contribute to economic recovery by leveraging buying power to support Canadian farmers, harvesters, hunters, fishers, and other actors.

We've developed a blog post to summarize emerging conversations, insights, and links to resources related to COVID-19 and food. MORE

If you have a related story or resource to share, please email farm2cafeteriacanada@gmail.com

Stay connected!

Join our **Facebook Group** to stay connected to stories about farm to school, farm to campus stories as well as stories that touch on the many facets of food systems. You can also pose questions, share resources. We are also on **Twitter**.

If you know a colleague or friend who would like to know more about our farm to school work, invite them to **sign up here**.

Do you have a story to share for the next edition of our newsletter? Email us at farm2cafeteriacanada@gmail.com

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Contact us:

Farm to Cafeteria Canada 4445 Norfolk Street Burnaby, BC V5G 0A7 Canada

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