

# We want to hear from you! Amplifying Youth Voices

Are you a current or recent student in Canada who is between the ages of 15-20, and interested in food and food systems? If yes, we want to hear from you!

You can be a part of informing a youth-led National Youth Engagement Strategy for farm to school by taking this short survey.

Know someone else who might want to share their input on this strategy? Feel free to share it widely.

#### Take the survey

The survey will help us build on feedback we heard throughout March when we hosted a

series of 4 workshops with youth from across Canada to listen to their experiences with food at school, and hear how F2CC can better engage youth in its work.

Read our summary blog post of these conversations and the 4 key recommendations that youth gave us, along with some great stories from youth about why healthy food and food systems are important to them.

And be sure to stay tuned for more as we continue to build a youth-led engagement strategy.





### **Farm to School Grant Stories**

Our 2020 Grantees have been busy with their farm to school programs. Schools have shared some great recipes, insights on how they made their programs work during COVID-19 and more!

Watch <u>this video</u> by Vanier Elementary, located in St. John's, NL to see how one school has engaged their students.

You can now access this and more stories from our 2020 grantees on our website.

Access school stories here



## **Evaluation Framework - What's new?**

Evaluation is important, but it can also be intimidating. That's where our <u>Evaluation Framework for Farm to School Canada</u> comes in.

If you're wondering how you can start to evaluate your programs check out our updated evaluation webpage that has easy to use tools you can start using today including survey templates for staff and students and tools to track food purchased and served. You can also find webinar recordings where 3 experienced organizations share their evaluation tools as well as tips for how to use them.

Learn more



# Grow Food Everywhere:





LUSH VALLEY

# **Grow Food Everywhere: An Intergenerational School Garden Pilot in Comox Valley**

#### Looking for some school garden inspiration this spring?

Check out this new resource, created in partnership with LUSH Valley Food Action Society. It summarizes an Intergenerational School Garden Pilot Program that took place in BC's Comox Valley between April 2021 to November 2021. In it you'll find lessons learned, practical tips and ideas for engaging students and volunteers in hands-on learning in the garden.





## Teaching the Curriculum Through Food Video Series

Farm to Cafeteria Canada and Growing Chefs! Ontario are proud to share the complete Teaching the Curriculum Through Food video series.

These 12 short (5-20 min) videos have been developed to support and inform teachers and volunteers across Canada who are looking to bring food literacy into their classrooms and engage students through food.

The topics covered in the video series range from the importance of food language to tasting strategies for youth of all ages.

Check out the complete series



### Join us: Edible Education

The final Edible Education Community of Practice meeting of the 2021/2022 school year will be held on Tuesday, May 24 3-4 PST / 6-7 EST! If you are a teacher who wants to integrate First People's Principles of Learning into your outdoor education, this will be a wonderful opportunity to learn more about ready-to-use resources.

Learn more about the webinar here



**On March 2nd, 2022**, the Edible Education Community of Practice hosted a conversation to explore ways to incorporate Indigenous plants and ways of knowing into teaching gardens, and heard about examples from two educators on how we can work towards decolonizing our gardens.

Find the video recording and summary here



## **Congratulations to our 33 new Farm to School Canada Grant recipients!**

Offered in partnership with Whole Kids Foundation, the 2022 Farm to School Canada Grants cycle will be our fourth time running the grants program and this year we received more applications than ever before! We are continuously inspired by the energy and passion across this country for connecting students to food and the systems that produce it.

#### Thank you to all who applied.

Starting in September, we're excited to begin working with 33 new schools from across the country. **Stay tuned for more details about the new grant recipients.** 



Impacts of Farm to School

### Gretna Green - Learning to grow year-round

"We are now a school that grows vegetables and fruit for the cafeteria and culinary classes year-round. Teachers and students have explored integrating technology in the ways that we care for our plants, allowing us to branch out in other areas of curriculum!"

Gretna Green School, a 2020 grantee located in Miramichi, NB, reflects on their program's

success and shares how the grant activities have had a positive impact on its school community.





#### 10 Ways to Get Involved!

Whether you are brand new to Farm to Cafeteria Canada, or a long-time member of the community, there are lots of ways to get involved!

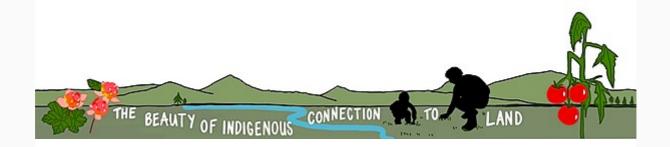
**Get Involved** 

#### **Stay connected!**

Join our <u>Facebook Group</u> to stay connected to stories about farm to school as well as stories that touch on the many facets of food systems. You can also pose questions and share resources. We are also on <u>Twitter</u>.

If you know a colleague or friend who would like to know more about our farm to school work, invite them to <u>sign up here</u>.

Farm to Cafeteria Canada's team and project partners acknowledge that we live, work and play on the ancestral lands of the diverse First Nations, Inuit and Métis people of what we now call Canada. Farm to Cafeteria Canada is committed to reflecting, honouring and amplifying Indigenous voices, perspectives and values in our work. To learn more please visit our <u>Nourishing Relations</u> page. To learn the traditional territories on which our individual team members are located, please visit our <u>team page</u>.



#### Do you have a story to share for the next edition of our newsletter? Email us at info@farmtocafeteriacanada.ca

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For local F2CC or F2S news, contact the <u>regional lead</u> in your province. You can <u>unsubscribe from this list</u>.