



~FOR IMMEDIATE RELEASE~

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Victoria, BC: October is Farm to School Month, and Farm to School BC is proud to be celebrating the hard work of students, teachers and school communities across the province who grow, cook and eat healthy food. We are also pleased to join the concurrent launch of Farm to Cafeteria Canada's Canada-wide ["Farm to School: Canada Digs In"](#) initiative.

Farm to School BC is a diverse and expanding provincial network that promotes, supports, and links Farm to School activities and programs across the province. From school gardens and local food at lunch, to farm field trips and more, Farm to School activities help students learn about their local food system, teach important life skills and provide the opportunity for healthy habits to take root. Farm to School also benefits local farmers and suppliers.

"Farm to School Month is about celebrating the growing provincial movement focused on supporting our local food system, supporting local farmers and providing fresh, nutritious and culturally appropriate food to our children while at school," said Richard Han, Farm to School BC Provincial Manager. "Farm to School BC is successful because we listen to our community partners. Instead of being prescriptive, we support schools to create programs that work for them with the help of local organizations and individuals."

Learn about Farm to School BC activities that are sprouting across the province in the form of stories and photos via Facebook (<https://www.facebook.com/farmtoschoolbc>), Twitter ([@farmtoschoolbc](#)) and Instagram ([farmtoschoolbc](#)).

Want to start your own Farm to School BC program? Visit our website at <http://farmtoschoolbc.ca/> for resources and toolkits.

For more information about Farm to School BC, contact *Provincial Manager, Richard Han* at prov.manager@farmtoschoolbc.ca.

The program is supported by the Province of British Columbia and the Provincial Health Services Authority.